

ELIGIBILITY

SCY is open to Connecticut children ages 4-17. There is no cost for the screen or help connecting the family to behavioral health services. Screenings can be done in-person, virtually, or over the phone and takes about 15 minutes.

Se habla español.

TO GET SCREENED

For more information, or to request a screening, parents or guardians can call our office at

1-800-505-9000

Or scan this QR code to fill out a referral form



WHO ARE WE?

The Connecticut Council of Family Service Agencies (CCFSA) is a leading human service provider network exclusively dedicated to supporting children, adults, and families in Connecticut.

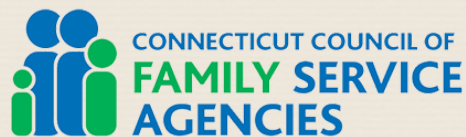
The mission of the council is to be the premier resource to strengthen Connecticut's diverse individuals and families, and the communities in which they live.

GET IN TOUCH

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[linkedin.com/company/CCFSA](https://www.linkedin.com/company/CCFSA)

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35 Cold Spring Road, Building 400, Suite 411
Rocky Hill, CT 06067
1-800-505-9000

CTSFA.org



Screening Connecticut's Youth Program (SCY)



*Helping children in Connecticut
get access to mental health
services proactively before an
issue can become a crisis.*





WHAT PARENTS NEED TO KNOW ABOUT MENTAL HEALTH

Many children are suffering with depression, anxiety, anger issues, hopelessness, trauma-related issues, or are having trouble focusing. A brief screening can help determine if they would benefit from counseling services. The SCY Program offers free screens for any concerned parent.



The SCY Program was developed to evaluate children and adolescents throughout Connecticut for early detection of mental health and trauma-related issues and, if needed, get them connected to a therapist for help.

This federally funded and locally supported program is an innovative, upstream approach to addressing mental health concerns before they can cause greater difficulties later in life.

Who can SCY help?

The SCY Program is open to any Connecticut youth from ages 4-17.

What does it cost?

The SCY Program is completely FREE to all participants.

IF YOUR CHILD IS STRUGGLING WITH:

- Having trouble sleeping
- Wanting to be alone or having a hard time being alone
- Dealing with a traumatic event
- Fighting more than normal with friends or siblings
- Feeling sad or alone
- Having trouble focusing in school or at home
- Slipping grades
- Being more angry than is usual
- Physical problems such as frequent stomach aches, headaches, or change in eating habits

WE CAN HELP!

One of our Community Health Workers can connect with a concerned parent or guardian in-person, virtually, or over the phone to do a brief mental health evaluation of their child.

We can then help you get a timely appointment with a therapist and assist with any challenges to getting to that appointment, such as:

- Lack of insurance
- Lack of transportation
- Language barrier issues
- Help filling out the initial paperwork
- Childcare